

OPEN 12-3 - 5-8

07975 553654



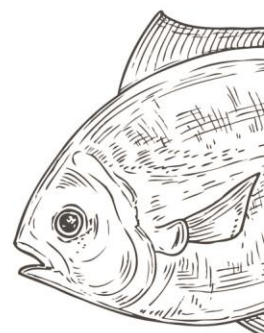
www.theboxbybengobbi.co.uk

FOOD MENU '24

Tasty Rice Salad £8

Hot Rice Salad, Soy, Sweet Chilli & Ginger dressing, Colourful Veg

- Soy & Ginger Pembrokeshire Shredded Beef
- Teriyaki Pulled Chicken
- Asian Teriyaki Pulled Pork
- Sauteed Sesame Tempeh (vg) (g/f)
- Hot Smoked Salmon (g/f)



Bao Buns £6

(2 x Stuffed Steamed Buns)

- Teriyaki Pulled Chicken Shredded Beef & Ginger
- Sesame Teriyaki Tofu, Pembrokeshire Sweet Chilli (v)

All Baos come with House Slaw & Pickled Red Onion



Posh Chips 'n' Cheese £8

- Meltingly Tender Pork, Welsh Cheddar, Guacamole, Sweet Chilli, Crispy Onions (gf)
- Rich Roasted Veg Chilli, Grated Cheddar, Guacamole, Pembrokeshire Sweet Chilli (v) (gf)

Box Pretzel Subs £8

- 6hr Pulled Beef Brisket, Cheddar, Onion Marmalade, Rocket
- The Box Club - Lemon, Garlic Chicken, Bacon, Blue Cheese
- Crispy Fish Finger, Tomato Chutney, Salad
- Sweet Chilli Halloumi, Cajun Pineapple, House Slaw (v)



The Boxes

- Roasted Sweet Potato & Quinoa Cakes, Mixed Leaf, House Slaw (vg) £8
- Chicken, Sweet Potato & Coconut Stew, Zesty Quinoa £12
- Welsh Lamb Cawl, Bread, Cheddar Cheese £10
- Asian Pulled Pork Sesame Chop Suey Noodles £10 (v/vg on request)
- Lemon, Garlic & Paprika Chicken Breast, Fragrant Rice, Sweet Pickled Onion £12 (g/f)
- Apple Braised Pork Belly, Blas y Tir Potatoes, Red Wine Jus £12 (g/f)
- Slow Braised Pembrokeshire Beef Brisket, Blas y Tir Potatoes, Red Wine Jus £12 (g/f)



Sides £4

- Chunky Chips (vg) (gf)
- Balsamic Cherry Tomato & Basil Salad (gf)
- Truffle Chips (+£1) (vg) (gf)
- Seasonal Green Vegetables (v) (gf) (vg on request)
- Blas yr Tir New Potatoes

Allergen Key: G/F - Gluten Free; V - Vegetarian; VG - Vegan
Please let us know of any Dietary requirements you may have, so that we can accommodate as best we can.



Desserts £7

- Sticky Toffee Pudding, Caramel Sauce
- The Box Pavlova (gf)
- Pistachio Cake, Mulled Cherries
- Dark Chocolate Brownie, Lime Chantilly

